

What if you learned that upwards of 20 percent of your church were facing a particular hardship? Imagine further that many others within your congregation were directly impacted by that hardship, and all were connected in some way given that the church is one Body sharing in the suffering of others (1 Cor 12:12ff). The reality is that those numbers are reflective of the impairing mental health concerns in our churches.

Mental health can be a very challenging topic in the church. Bryan Loney is an ordained minister who came to faith after receiving his doctorate in Clinical Psychology. He obtained tenure as a professor of Clinical Psychology at Florida State University and was then called to seminary and over a decade of pastoral ministry in Boston. Bryan's unique background gives him great perspective on the discussion of faith and church mental health care. He will share some foundational considerations and Biblical reflection, followed by time for Q&A.